

BR Ready Program

In case of Emergency call 911

We want you to be ready!



Use this visual guide to check the contents of your emergency backpack.

BRemergency.org



Check the items that you already have in your backpack

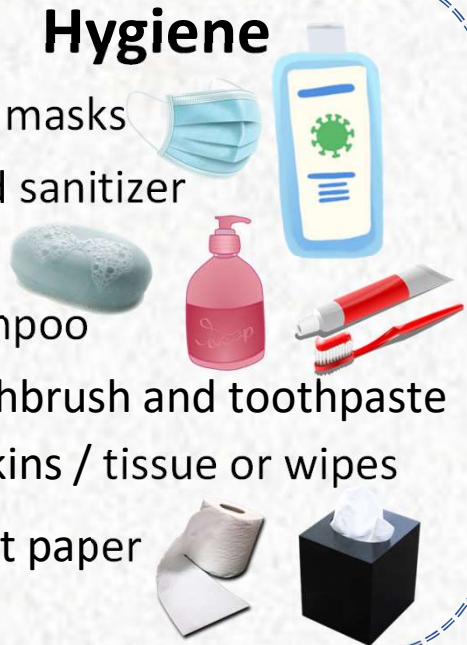
Personal

- Water for 2 days
- Can opener
- Cutlery
- Food for 2 days including pet food
- Blanket
- Clothing for 2 days
- Valid ID
- Important documents



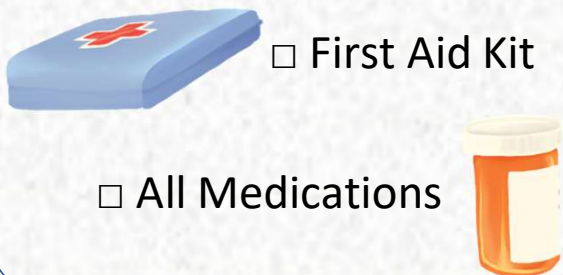
Hygiene

- Face masks
- Hand sanitizer
- Soap
- Shampoo
- Toothbrush and toothpaste
- Napkins / tissue or wipes
- Toilet paper



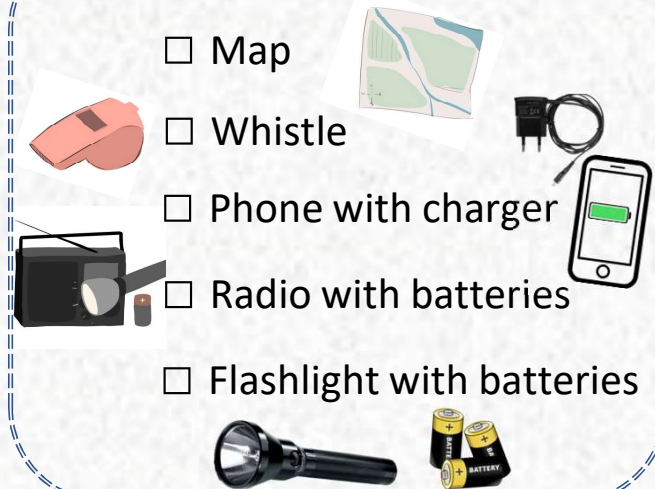
Health

- First Aid Kit
- All Medications



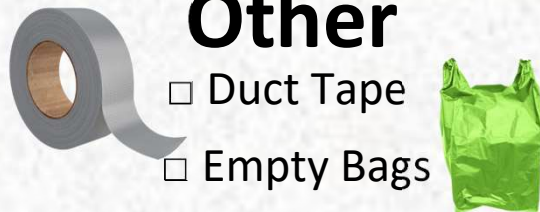
Communication

- Map
- Whistle
- Phone with charger
- Radio with batteries
- Flashlight with batteries



Other

- Duct Tape
- Empty Bags



Date revised: _____

B&R Emergency Training and Response Corp is a 501c3 non-profit organization registered in Texas.

This is a guide to start getting your emergency backpack ready. Each person and family may have different needs; for that reason it is important to discuss the contents of your bag with other family members so it can be adjusted as needed. Kids should not have direct access to medications or potentially harmful objects without the supervision of a responsible adult. Visit our website **BRemergency.org**.